

BODY TREATMENTS

Decadent treatments from head to toe.

BEAUTIFUL BACK TREATMENT \$75

This is a complete facial treatment on the back, with massage to de-stress the skin.

REFLEXOLOGY \$60

Experience a healing art that uses reflex points in the feet to release tension and can also help to alleviate pain and stimulate the body's ability to heal itself.

BODY SCRUBS \$95

Reap the benefits of exfoliating scrub and the moisturizing benefits of shea butter. Complete the treatment with a gentle moisturizing massage to seal in the goodness!

LAKESIDE SIGNATURE BODY WRAPS \$125

Give your skin the ultimate in treatments!! Choose from our in-spa menu of nutrient-rich scrubs and decadent body wraps that leave your skin renewed, refreshed, toned or tightened!

GIRLIE GIRL SPA

For young ladies 9-13 years old.
Parent supervision required.

GIRLIE GIRL SPA MANICURE \$20

This treatment includes an exfoliating scrub, nail and cuticle work, massage and polish with nail decal option.

GIRLIE GIRL SPA PEDICURE \$25

This treatment includes an exfoliating scrub, nail, cuticle and foot care, massage, and polish with nail decal option.

GIRLIE GIRL FACIAL \$30

This treatment includes cleansing, toning, massage, masque and moisturizing your young skin to perfection!

SPA PACKAGES

Indulge in our Spa Packages, designed to suit your fancy. Packages are to be completed within one day. Substitution of services may result in a price increase.

THE CLASSIC \$113

Classic Manicure, Classic Pedicure and Express Facial.

LAKESIDE SPA ESCAPE

with Aromatherapy Massage \$265

with Registered Massage Therapy \$256

This is everything you need to escape reality... renew yourself head to toe with our Signature Facial, 60 minute Aromatherapy or RMT Massage, and complete your day with our Spa Manicure and Spa Pedicure in time to bring you back! Light lunch included.

RETREAT FOR TWO \$342

A sweet retreat for couples or friends, beginning with a relaxing 60 minute Aromatherapy Massage and completing the day with a Spa Manicure and Spa Pedicure.

MOMMY-TO-BE

RMT \$149

FACIAL \$130

The perfect way to celebrate becoming a mommy. Choose from a 45-minute pre-natal RMT Massage or an Express Facial, finishing up with our Spa Manicure and Spa Pedicure.

PERSONALIZED INDULGENCE

Create your own personalized spa package and enjoy the ideal experience because it was designed for you, by you. Ask us about our special rates when you choose a minimum of three or more services and our talented spa team will take care of the rest.



LAKESIDE SPA POLICIES

CELL PHONES

A spa is a relaxing and rejuvenating environment, and we ask that it be treated as such. Please turn off all cell phones when entering the spa for your services. This does not only interrupt others, it also may shorten your treatment.

BOOKING

A credit card number is required when booking services of \$50 or more. If you are staying at the Resort, we will require your Oakwood confirmation number in lieu of a credit card.

NEW CLIENTS

New clients are asked to arrive 15 minutes prior to your service to fill out a brief health history. Returning clients are asked to arrive 5 to 10 minutes prior to your treatment.

CANCELLATION

Please provide 24 hours notice of cancellation. Less than 24 hours may result in a charge of partial or full service. No shows will result in a full service charge. If you arrive late for your treatment, it may be shortened to avoid interruption to any other services.

All prices subject to change without notice.

lakeside
at OAKWOOD RESORT
spa

www.oakwoodresort.ca
Grand Bend, ON (519) 238-7334 f t i



RELAX

Unwind, revitalize and renew yourself at the **Lakeside Spa**. Enhance your stay with our intimate environment and indulge in our premier treatments. All skin and body products used are environmentally friendly and are made by hand to ensure the best quality.

MASSAGE THERAPY

Registered Massage Therapists. Please specify upon booking if a receipt is required.

REGISTERED MASSAGE THERAPY

Designed to relieve the body of pain and tension created by muscle soreness.

\$50 – 30 min · \$70 – 45 min · \$85 – 60 min

Deep Tissue Massage, add \$10

PRE-NATAL MASSAGE

Designed to help deal with the aches and pains associated with pregnancy.

\$50 – 30 min · \$70 – 45 min · \$85 – 60 min



ANTI-STRESS TREATMENTS

Relaxation treatments performed by our Certified Spa Therapists. *Please specify upon booking if a receipt is required.

COUPLE'S MASSAGE*

Swedish massage for two in our couple's room. Enjoy your massage right alongside your daughter, mother, partner or friend. Shared bliss!

\$180 – 60 min

ANTI-STRESS MASSAGE

Experience our relaxing Swedish massage using stress-reducing techniques to provide the ultimate treatment.

\$45 – 30 min · \$75 – 60 min

AROMATHERAPY MASSAGE

Choose the aromatherapy essential oil that's right for you. The Doterra essential oil you select will be used in a relaxing Swedish massage.

\$55 – 30 min · \$95 – 60 min

LAKESIDE BEACH STONE MASSAGE

Make your relaxing massage more deeply rewarding with warmed beach stones. You'll feel their soothing energy seep into your body.

Warmed oils add to the exquisite experience.

\$60 – 30 min · \$100 – 60 min

Aromatherapy add \$10

FACIAL TREATMENTS

Treat your skin to our Eminence Organics facials. All facials include cleanse, tone, exfoliation, masque(s) moisturizer and massage techniques. All facials are customized just for you to give your skin what it needs. Each product is chosen to target your specific concerns and skin care needs.

EXPRESS FACIAL

A quick pick me up for those on the go! A short but sweet treat for your precious skin. Excellent as an add-on to any massage or Body Treatment.

\$50 – 30 min

LAKESIDE SPA SIGNATURE FACIAL

An hour of bliss, concentrating on areas that need it the most. Includes hand and foot massage.

\$85 – 60 min

LAKESIDE SPA PREMIUM FACIAL

Upgrade your skin care for optimum results. Includes 2 of our indulgent Add-Ons.

\$125 – 60 min

THE DEEP CLEAN

This is a deep pore cleansing facial, great for acne prone and sensitive skin types. This facial treats breakouts and helps reduce oiliness and pigmentation.

\$65 – 45 min

ARCTIC BERRY ILLUMINATING FACIAL

What if you could target aging, hyperpigmentation, sensitive, rosacea and acne prone skin. During this facial we will exfoliate, activate and illuminate your skin with the specially formulated ingredient. Best results are seen with a series of professional treatments, supported by home care with the illuminating system which is available for purchase in the spa.

\$95 – 60 min

FACIAL ADD-ONS:

Lip Fix \$40

Bright Eyes \$40

HANDS & FEET

All treatments include cuticle and nail care, gentle callus exfoliation for the feet, and relaxing moisture massage.

CLASSIC MANICURE \$30

CLASSIC PEDICURE \$45

SPA MANICURE \$40

SPA PEDICURE \$55

includes a scrub, creme massage & masque with heated boots or paraffin treatment.

PARAFFIN TREATMENT

HAND \$15 FEET \$15 COMBO \$25

FRENCH POLISH ADD \$5

POLISH CHANGE \$15

CND SHELLAC

Shellac is a hybrid nail polish that will last up to two weeks with no chips or smudges. Imagine leaving the spa with your nails instantly dry!

CND SHELLAC MANICURE \$45

CND SHELLAC PEDICURE \$60

SHELLAC APPLICATION \$30

Removal of CND Shellac \$15

BEAUTY TREATMENTS

WAXING

Eyebrow \$10

Lip \$8

Chin \$8

Lip & Chin \$12

Half Leg \$25

Full Leg \$50

With Bikini \$60

Bikini from \$18

Underarm \$15

Arm \$20

Arm Including

Shoulder \$30

Back \$30

TINTING

Eyebrow \$18

Eyebrow \$12

Tint Combo \$25

HOURS

CALL TO BOOK
(519) 238-7334

FALL & WINTER	SPRING & SUMMER
<i>By appointment only</i>	
Tuesday 10 – 4pm	Mon – Sat 9–5pm
Wed – Sat 9 – 5pm	Sunday 10–4pm
Sunday 10 – 4pm	<i>Any day for groups with advanced notice.</i>